

WHAT AM I LIKE?

Season 2, episode 2

What am I like? Well, physically I am pretty normal. I am of average height, I am not tall or short. I am skinny. I am not super thin and I am not fat. I have green eyes. I always wear glasses because my eyes are not perfect. My hair is brown and wavy or curly. My face is round like a circle. I think I am pretty.

But I am much more than my physical appearance. I have a big personality. A lot of people say I am energetic. I always have a lot of energy. My energy is obvious when I talk or teach. I can't be in one position for a long time. I need to move. That's why, when I talk, I move my hands a lot. Since I have a lot of energy, it is no surprise that I am also very active. I like being outside in nature and I can walk in the mountains for hours and hours. Sometimes I ride my bike with my son.

I am energetic and active, but I am not athletic. I don't like participating in sports like soccer or volleyball. I don't have much coordination. I am clumsy and I have a lot of accidents in sports.

In addition to being energetic and active, I also have moments when I am lazy. In these moments, I can spend hours with a book or watching television. When I watch TV, I am lazy.

I am social and outgoing. I am not shy. I like to talk. I talk with everyone. Sometimes my sons get mad because I talk and talk and talk and they want to go home, but I keep talking. I have wonderful friends and I talk with them a lot. I also talk to people I don't know. I am friendly and I smile a lot. I like to talk with new people.

I am patient with other people, but I am impatient with myself. When my sons or students need help. I am patient. I repeat myself a lot, without problems. When I am with other people, I am patient. I can listen to their stories or help without frustration. But, when I am alone, I am impatient. When I am in the supermarket and I want to go home, I am impatient. When I am in traffic, I am really impatient. When I need to prepare materials for class or use the copier, I am impatient. I think I am patient when it is important, but I need to work on patience in the rest of my life.

I am fun. I like going out with friends and doing fun activities like singing karaoke or floating the river. I am a fun teacher. In class we do fun activities like finger painting and acting out stories. I am a fun mom. At home I play with Lego with my sons and I read books in a funny way. I am also fun because I am funny. I tell jokes at home and in class. My jokes are typically terrible, but they are also funny!

I am smart. I study a lot and I have a lot of information in my head. I also like reading. When I read I learn more, so with every book I am more intelligent. In addition to the information that I have, I am smart because I recognize that it isn't possible to be an expert on everything. I don't have all the answers to the problems of the world and I need to study and listen to experts and learn from them.

I am hardworking. I have a lot of personal and professional projects. I work practically all the time. Personally, I work on my house, I work in the yard, I work on projects and activities for my sons. It is a lot of work to maintain the house. It is also a lot of work being a single mom. Professionally, I work on my books, I work on my podcast, I work to help other teachers in school and I work to teach Spanish to my students at the high school and at the college.

I am creative. I think that I plan creative and different activities and classes. I can create stories in the moment with only a few ideas from my students. I can look at an activity and think of multiple ways to present the activity to have maximum participation from my students. In my house, I am creative with Lego. I can look at a picture and create a house or car without instructions. I make art with my sons. I am not artistic, but I am creative with my combination of colors and forms.

I am strong. I don't have big muscles, but I am physically and mentally strong. I can do construction projects in the house and yard. I can hike for days in the mountains with all my needs in a pack on my back. I can plan multiple classes for all abilities. I can ignore my problems when it is more important to focus on other's problems. I can find solutions to my problems and offer solutions to other peoples' problems. I can do complicated or difficult things with little frustration or anxiety.

I have a lot of qualities that I think are good. But I also have some characteristics that I don't like. I work a lot to change my bad characteristics. For example, I am very direct. Sometimes it is good to be direct, but sometimes when I am direct people think I am mean or rude. They think my comment is an insult. So, I need to work on being kinder with my direct words and I also need to work on thinking first and speaking later.

Another characteristic that I don't like is that I am controlling. I like being the leader in everything. I like having control on decisions. It is very difficult for me to give control to another person. I need to work on listening more to other's ideas and I need to pass control to other leaders in the group sometimes.

We all have physical and personal attributes that we like and that we don't like. What are you like? What are your physical characteristics? What is your personality like?



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